



Join us for this month's meeting
Thursday, May 8
7:00 p.m.

First Congregational Church, Rte 189, Granby, CT

Author Terry Walters and her book Clean Food

Come meet Terry Walters, a Certified Holistic Health Counselor and author of the cookbook, **CLEAN FOOD**. This cookbook is about improving your health, your environment and your future in a sustainable way. The recipes are prepared in harmony with the seasons and take advantage of the highly nutritious foods provided by Mother Nature. Whole grains, vegetables, legumes, sea vegetables, nuts and seeds are all here to help you maintain balance and good health throughout the year. Beginning with an extensive introduction to the world of whole foods, **CLEAN FOOD will inspire you to celebrate the beauty and bounty of the changing seasons**. No matter what your dietary preference or needs may be, these recipes will provide a feast for your senses, and will nourish your mind, body and soul.

Terry will be making a couple of recipes from her cookbook, so please join us and bring your appetite! She will also be selling her cookbooks and doing a book signing at the end of our program. Hope to see you there and feel free to bring a friend or neighbor!

www.eatclean.info

This cookbook is available to preview and/or buy at Granby Village Health



From The President

Contact: Debbie Cramer (653-6617)



Ladies -

What a great turnout for our April "Going Green" meeting. I got such positive feedback from everyone I spoke with who was able to attend, and I certainly enjoyed it myself. The three speakers we had were so passionate about their topics. Hopefully many of you will take Rick's advice and hike on one of Granby's Land Trust properties or try some of Michelle's all natural cleaning remedies. I certainly think that we learned a lot from Kimberly and there are so many simple ways to help reduce, reuse and recycle. A huge thank you to Kimberly Huot and Jen Meier for an excellent program.

As the end of the Newcomer's year approaches, I want to thank the board members for their support and hard work during this past year. They have done a phenomenal job, especially with putting together some great programs that we have all enjoyed. We already have some great program ideas for next year and would love to have input from all the members on what topics interest them. Your feedback is welcome and necessary!

I hope to see you all at our last general meeting and also at our end of the year celebration on June 12. We hope to continue some activities over the summer - information will be sent via e-mail or will be posted on the website. I have enjoyed my two years as president and am looking forward to my continued involvement in Granby Newcomers & Neighbors.

Debbie

End of the Year Celebration

Contact: Amy Dunham (656-6826)
 arosedunham@cox.net

We've had another great year and want to celebrate with event for all the members of the Granby Newcomers and Neighbors held at the **Granby Pub and Grill on Thursday, June 12 from 7:00 pm to 9:00 pm.** In addition to having one last time to get together as a group before the summer, we'll have an opportunity to thank the incumbent Board Members and introduce the new members.

The celebration will be held in the banquet room where we'll have a variety of appetizers, delicious summer cocktails, and a wine tasting for our wine lovers. The cost is \$25 per person.

Please RSVP to Amy Dunham by Thursday, June 5 or feel free to contact her with any questions.

We hope to see you there!

TLC - for our members

Contact: Christina Kibby (844-8061)
 kibbyclan1@sbcglobal.net



I will be coordinating meals, transportation, babysitting, etc. for members in need of such services. **If I can add you to my list of volunteers to lend a helping hand** or if you or a member you know is in need of these services, please contact me.

We will be continuing this service during the summer, so please contact me if you become aware of any needs.

GranbyNewcomers.com

Contact: Doreen McWhirter (653-3826)
 mcwhirter5@cox.net

Spring has sprung, has the cleanout begun? Where can I send my stuff? Check out a long list (located on the "Area Attractions" page on our site) of places to bring your **unwanted toys, books, clothes, electronics and more** and support "reduce, reuse, and recycle" in Granby.

Also view our postings of **"Things To Do, Places to Go"**. Please send a favorite to add to our list. I can do the wording and links, just email me your idea!

Fundraising

Contact: Jen Meier (413-9217)
 smoyermeier@yahoo.com



Thank you to all who made last months meeting a success! I hope you all found some way to "go green." Our raffle raised \$110 for the Granby Land Trust. In total, we will donate \$200 to the Land Trust. Thanks to all! If you have any ideas for fundraising or local charities for next year, please let me know.

Children's Playgroups



Contacts: Jessica Klein (653-4229,
 kleinx3@cox.net) and Shelly Cramer (693-6602)

Playgroup at the Park

Calling all GNNC members and newcomers to the area, please join us at **Salmon Brook Park on Fridays** during the month of **May** for playgroup at the park. We will be meeting at 10AM until about 12PM at the big playscape. Drop in to say "Hi" at any time!

Scrapbooking

Contact: Kimberly Huot (653-5479)
 kimberlyhuot@cox.net



The next meeting for the scrapbooking club is **Friday, May 30 at 7:00 p.m. my house, 8 Strawberry Field, Granby.** If you've never scrapped before and have always wanted to start, this is the perfect opportunity.

Please **RSVP by May 28** if you plan on attending.

Chix 4 Flix ~

Movie Group News

Contact: Regina Jahrstorfer (844-0272) jahrstorfer@sbcglobal.net



Information on the next Movie Night will be provided at the May meeting or you can Regina directly if you're unable to attend the meeting.

Bunko

Contact: *Debbie Cramer (653-6617)*
deborah_cramer@sbcglobal.net



The bunko date for May is set for **Friday, May 30 at 7:30 p.m. at Stacie Truntz's house - 18 Pheasant Run, North Granby.** Don't worry if you've never played the game - it's easy to learn and a fun night out.

We will (of course) be continuing bunko over the summer months. PLEASE NOTE: If you would like to be added to the bunko e-mail list, and receive info on our summer bunko nights, please let me know. I will not be sending them as a mass e-mail. For you regulars who are already on my distribution list (and you know who you are), you'll continue to get e-mails from me over the summer months. Keep the dice rolling!

Please RSVP Stacie at 653-5424 or struntz@cox.net.



Women & Wine

Contact: *Cairene Perrin (653-3876)*
iperrin@cox.net



This month's Women and Wine will be **Thursday, May 22 at 7:00 pm. Michele Frost will be hosting and lives at 135 Higley Road., West Granby.** We will be tasting Spanish wines.

Please RSVP to Michele at 413-9623 by May 20.

Be a GNNC Board Member

May is the last meeting and I'd like to be able to announce some filled positions. Please consider taking on a board position or sharing it with a friend. If you have a great idea for a program, and would like to do just one month's program, please let me know. Our success as a group depends on its members! Thanks,

~Debbie

President

Programs

Treasurer

Women & Wine

Mystery Bus Trip

Playgroups

Hospitality

Upcoming Events

May 3 and Monday May 5 - The Drop In and Do Craft at the Granby Public Library is a welcome sign inviting you to Enter with a Happy Heart. Materials will be available on Saturday. These would make great Mothers Day gifts.

June 21 to August 23 - Summer Reading Program. As in previous years, each child is asked to keep track of the number of days they read for at least a half an hour. Various prizes will be given to our readers based on their days of reading.

The program will begin with Jeepers Creepers on **June 21 at 1:00pm in the Senior Center.** This program about bugs by Brian Kleinman, an East Granby resident, is entertaining and educational. On **July 12 from 9:00 am to Noon** we will hold our annual Cars, Trucks and Things That Go in the parking lot between the Library and Town Hall.. On **August 9,** Susan Dwyer from The Wildlife Rehabilitation Center will talk about their efforts to "Care for Nature's Babies". Other programs will be announced as plans are finalized. Please contact the Granby Public Library for more information.

Item for Sale and Item Wanted

I'm looking to sell an electric breast pump (Medela pump in style). I'm looking to buy a jogging stroller, ideally one that collapses and has a sun shade.

Please contact Liddy Doyle at liddster@cox.net or 653-4726



Mystery Bus Trip

Contact: *Cairene Perrin 653-3876*
iperrin@cox.net

~ Saturday May 17, 2008~

Clues:

1. My first is in MYSTERY but not in TRIP
2. My second is also in MYSTERY but not in BUS
3. Please bring your camera because I am so picturesque

There may still be one seat available. Please call Cairene if you are interested. (\$65)

If you haven't done so already, please mail your **final payment of \$23.50 to me.**

Cairene Perrin
 145 Silkey Road, North Granby, CT 06060



Meeting Dates

Last meeting of the year

May 8

Please contact Amy at 656-6826 with any questions or requests. Look for us on the web at www.granbynewcomers.com!

"Yellow Pages" listings for current members will be rerun each Newsletter but may be omitted if there is a shortage of space.

"Bulletin Board" entries must be submitted or renewed each month. A sign-up sheet will be available at the meetings or please e-mail or call.

All items to be published in the Newcomer News must be submitted to Amy by the second Saturday of the month by email to: arosedunham@cox.net. Please write "GNNC" in the subject line.

Newcomer News
 Amy Dunham—Editor
 25 Chatsworth Road
 Granby, CT 06035
 656-6826
 Liddy Doyle - Distribution

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May Dates to Remember				1	2 <i>Playgroup at SBP</i> 10:00 - 12:00	3
4	5	6	7	8 <i>Monthly Meeting</i> 7:00pm <i>Clean Food</i>	9 <i>Playgroup at SBP</i> 10:00 - 12:00	10
11	12	13	14	15	16 <i>Playgroup at SBP</i> 10:00 - 12:00	17 <i>Mystery Bus Trip</i>
18	19	20 <i>RSVP Women & Wine</i>	21	22 <i>Women & Wine</i> 7:00pm	23 <i>Playgroup at SBP</i> 10:00 - 12:00	24
25	26	27	28 <i>RSVP</i> <i>Scrapbooking</i> <i>RSVP</i> <i>Bunko</i>	29	30 <i>Playgroup at SBP</i> 10:00 <i>Scrapbooking</i> 7:00pm <i>Bunko</i> 7:30pm	31
Please RSVP by June 5th for the June 12th - End of Year Party!						

